

**SUNDAY, OCT 12TH**

# BEYOND THE SURFACE

**Self-care & Stress Management:** Learn selfcare strategies, self management techniques, & coping mechanisms while connecting with other surrogates in your area.

*Dress comfy, it's a self care experience! Sweat pants, sweatshirts, whatever makes you the most comfortable.*

**RECEIVE A GIFT BASKET BECAUSE YOU ARE SPECIAL!**



**11AM-1PM**



**2PM-4PM**

# VIDEO SHOOT

**Share your story and knowledge** about surrogacy! We can't wait to hear your experience and TikTok can't wait either!

*Bring two outfits that make you feel awesome, think first date style/look.*

**EARN \$150 FOR YOUR TIME !**



If you are attending both events, we will have plenty of extra space for you to do hair/make-up refresh and change between the 2 events.



Lunch, snacks, and beverages will all be provided at both events.

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FOR ADDRESS & RSVP \*\***